



High Rollers perform survival training at Pickle Meadows

*By Master Sgt. Suzanne Connell
152nd Airlift Squadron
Public Affairs*

PICKLE MEADOWS, Calif.--On August 16th, over 45 aircrew members from the Nevada Air National Guard's 192nd Airlift Squadron participated in a combat survival refresher course in the Toiyabe National Forest. The training took place near the Marine Corps' Mountain Warfare Training Center, located in Pickle Meadows, Calif. The Airmen were transported from the 152nd Airlift Wing in Reno to the training site, south of Lake Tahoe, by two Nevada Army National Guard CH-47 Chinook helicopters.

Their landing site consisted of

rugged terrain approximately 9,000 feet above sea level. Upon landing and egressing the helicopters, the "High Rollers" split into five training groups. Senior Airman Seth Tuia, an Aircrew Flight Equipment (AFE) member with 152nd Operations Support Squadron, said that each group was assigned,



Nevada Air National Guard aircrew participate in a refresher course on combat survival on August 16, 2014. Nearly four dozen airmen transported by two Nevada Army National Guard CH-47 Chinooks from the air base in Reno, Nev., landed in the Toiyabe National Forest, near the Marine Corps' Mountain Warfare Training Center located in Pickle Meadows, Calif. (USAF Photo by Master Sgt. Suzanne Connell/RELEASED).

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"Two or three AFE personnel as guides, and led directly into the exercise. It was great to see that section of the MWTC, something I've only heard about in military memoirs." Tuia also experienced leadership in action. It seemed to fall immediately into place with the crews, consisting of officers and non-commissioned officers, leading and following in response to lead officers' instructions.

The groups ensured that each Airman had water and a "wingman" prior to executing the hike from the drop zone to the actual training location. AFE personnel guided each group through refresher training in: land navigation, terrain feature as-

sociation, evasion techniques, fire-starting, securing drinkable water, constructing temporary camouflaged shelters, self-aid and buddy care and survival, evasion, resistance, and escape (SERE) concepts. Each segment of the exercise was timed. The SERE briefing portion was the end the day's training.

The appearance of the crews and support airmen varied, as they wore assorted Air Force uniforms to include: olive drab flightsuits, air battle uniforms, the "multicam" uniform, desert combat uniform, and the flame-resistant Army combat uniform.

"Seeing and wearing the different uniforms helped the trainees under-

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Commander's Corner:



*By Col. Karl Stark
152nd Airlift Wing Commander*

High Rollers, thanks for another fantastic month! Last month I decided to change the format of the Commander's Corner from what has historically been comments directly from the wing commander to the reader to a new format that allows you, the reader, to ask direct questions to the wing commander. I only received one question which will be answered below and hopefully I'll receive a few more next month. Thanks again for all that you do!

The wing lost a quite a few "seasoned" individuals at the hands of an independent retention board. Is it possible for this system to be more transparent for the traditional Guardsman, and should more people be worried about the next round involuntary exits?

Let me start by answering the first part of your question: Selective retention boards function as

a part of the force management process and serve as a non-biased way to evaluate members that fit the criteria for that particular board. I think it's fair to say that force management has been an evolving process and perhaps one that we, as an organization, have struggled with in the past. That being said, we must all recognize that force management done well, is essential for the High Rollers to thrive in an increasingly challenging environment.

Another way to look at the process is to make sure that we are focusing on maintaining the right skill sets in the right places at the right time--which is a difficult task to say the least. You are correct in your comment that some "seasoned" people did get selected for non-retention from what was a partially independent board, however, we did have input and we did get the opportunity to ask for exceptions, however, some were not granted.

In an effort to standardize the process and assist in communication Brig. Gen. David Snyder has initiated a process that assists in ranking our members' overall performance so that both the member and the supervisor are clear on how the individual rates against peers and the potential of non-retention. I believe we are moving in the right direction to be fully transparent and hopefully improving the way we communicate a member's performance.

We also need to keep in mind that any organization has to provide upward mobility for its members which will require some members to be non-retained in order to provide opportunity to equally deserving members.

Now for the second part of your question. Should more people be worried about the next round of involuntary exits? This portion of the question is a bit more difficult to provide a direct answer, so, I think it depends.

In general, I believe all of us should focus on our performance and should perform at or above our commensurate rank. If we do that, we will position ourselves for a long career that allows for personal and professional growth. However, all of us must keep in mind that our careers won't last forever and part of our job is to prepare our replacements for success, simply because that is what good leaders do.

I think it's also fair to say that if we choose not to meet our job requirements then perhaps we should be concerned with our future and hopefully make the appropriate changes that will keep us competitive in an increasingly competitive environment.

To the submitter of this question: thanks for showing some "High Roller Style" and submitting a great question!



NEW FSS ID CARD HOURS

The FSS is pleased to announce that appointments are no longer needed for ID cards. We are now a walk in facility and see individuals on a first-come, first-served basis. However, if you would like to schedule an appointment you can now do so online at:

<https://rapids-appointments.dmdc.osd.mil/appointment/building.aspx?BuildingId=810>

Our hours of operation are:

Non-down Mondays, 0800-1500 & Tuesday – Friday, 0800-1600

**Unit Public Affairs Representative
Introductory Class
Saturday, September 20
1400-1500
Building 500, Room 212
(Comm Computer Classroom)**

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The Department of Defense Hotline – Fraud, Waste and Abuse


One of my jobs as an Inspector General (IG) is to manage fraud, waste and abuse complaints.

Some examples of these types of violations include:

- Threats to homeland security
- Health and safety issues
- Trafficking in persons
- Improper military mental health evaluations
- Whistleblower Reprisals
- Conflicts of Interest
- Contract and procurement fraud
- Computer crimes
- Health care fraud
- Travel or purchase card fraud
- Cost/labor mischarging
- Leaks of classified information
- Bribery & acceptance of gratuities
- Counterfeit or substandard parts



*By Lt. Col. Shelly Assiff
152nd Airlift Wing Inspector General*

If you suspect any type of fraud, waste and/or abuse, you may either come to me with your complaint or call the DoD Hotline. The hotline is set-up to answer your calls Monday through Friday between the hours of 8:00 a.m. to 5:00 p.m., (ET). Rest assured, the DoD Hotline provides a confidential and reliable avenue for military service members, DoD civilians, contractor employees and the public to report fraud, waste, mismanagement, abuse of authority, threats to homeland defense and leaks of classified information. 

High Roller News

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ments, contributions and letters to the editor must be signed and include the writer's full name and mailing or email address. Letters should be brief and are subject to editing. Other print and visual submissions of general interest to our diverse civilian employees, Nevada National Guard military members, retirees and families are invited and encouraged. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or the U.S. Air Force or the Nevada Air National Guard of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap,

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Please send articles and photos with name, phone number, e-mail and complete mailing address and comments to:

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Or email: 152aw.highroller@ang.af.mil**

Publication of material is determined by available space and reader interest. The staff reserves the right to edit all material.

The 152nd Airlift Wing Community Action Information Board aims to provide avenues to get care

By Fred Barton

152nd Airlift Wing Integrated Delivery System (IDS) Chair

In an effort to provide avenues of care to Airmen and their families, Wing leaders from across the installation meet on a biannual basis to identify community issues and work in unity to find resolutions.

Locally, the Community Action Information Board (CAIB) discusses a variety of individual, family and community issues, ranging from deployment and reintegration support to personal finances to physical health and wellness.

“The purpose of the CAIB is to bring Wing leaders together, under one roof and work to identify local concerns unique here to the Nevada Air National Guard”. The Wing Commander and the CAIB members take a strategic look at quality of life, personnel readiness, and community issues to formulate long-term solutions.

The idea is to use a grassroots approach to hear concerns with emphasis on positive actions and programs that strengthen force readiness and assist National Guard families in successfully managing the demands of military life.

The Wing and the CAIB works hand in hand with a multiagency working group called the Integrated Delivery System (IDS). The IDS, the action arm of the CAIB, is comprised of various helping agencies to develop initiatives to present to the CAIB.

Some of these agencies include Director of Psychological Health,

Suicide Prevention Officer, Public Health, the Chaplain's Office, Fitness Coordinator, Yellow Ribbon, Airman and Family Readiness Office, and other agencies designed to assist Airman and families.

Over the past year, these helping agencies have significantly increased their outreach footprint as well as the workshops offered to our Airman and families. The individuals that serve on the IDS are the installation's experts when it comes to the development and care of Airmen and their family members. We could not have any greater advocates gathered around the table.

Additionally, the CAIB approves a community action plan every two years to guide the board's activities and to establish priorities for the organizations participating in the CAIB.

This year's Community Action Plan will focus on five areas for improvement: impact of deployment, family adjustment, dispositional resilience, personal finances, and physical health.

The CAIB is working hard to show that the development and care for Airmen, families and civilian employees is not only an Air Force priority, but a true Nevada Air National Guard priority. The next CAIB meeting for this year is scheduled to take place during November drill.



Conducting Effective Airman Comprehensive Assessment

*Submitted by Master Sgt. Kenny Dupree, II
152nd Force Support Squadron
Information from myPers website*

Conducting the Airman Comprehensive Assessment (ACA) session is not always easy. As the one conducting the session, be fully prepared. The success of the session relies on your ability to deal positively with the Airmen you supervise. Your attitude about the ACA session can set a positive or negative course. Remember, flexibility is important. Regardless, take the time to fully prepare and decide what you want to accomplish.

The following are some key suggestions to use in preparing to conduct an ACA session: Plan for the Session, Review Goals and Standards, Review Past History, Evaluate Job Performance vs Standards, Consider Career Opportunities or Limitations, Prepare the Form, Select Proper Time and Place, Conduct the Session, Create Positive Atmosphere, and Follow-Up.

The following is only one of many approaches. Find one that works best for you.

STEP 1: State the purpose of the session: Explain why you are having the session. Tell them the session is a two-way communication between both of you.

STEP 2: Encourage the ratee to appraise own performance: Listen! Avoid dominating the conversation. Use open-ended questions, not “yes/no” type.

STEP 3: Present the results of your evaluation: Honesty is the best

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152nd Airlift Wing Airman and Family Readiness

Transition Assistance Programs for Military Personnel

When you know you'll be leaving the military (even if your departure is a year or more away) it's time to start planning your return to civilian life. This is a significant event for you and your family, so you'll want to approach it armed with good information, the right skills and a well-developed plan. Take advantage of available military transition assistance programs to gain the knowledge and practical tools you need to make the switch back to civilian life with confidence.

The Transition Assistance mission:

Transition assistance is a package of benefits and services, many of them mandated by Congress, to prepare service members and their families for a successful transition to civilian life. Transition assistance helps you answer these important questions associated with leaving the military:

*What skills, talents and experience do I have that are needed in the civilian workforce?

*What kind of work do I want to do?

*Will I need additional training or education to reach my career goals?

*How do I search for a civilian job and make myself as competitive as possible?

*How can I make the transition to civilian life easier for my family and me?

Transition assistance is a step-by-step process of discovery and decision-making that should begin many months or even years before the date of separation. Service members, including those in the National Guard and Reserve, who are being discharged, released from active duty or are retiring, as well as their spouses, are eligible for transition assistance.

Transition Assistance Programs:

Each military service branch has a transition assistance program. Although the organization and procedures for transition assistance programs vary, they all offer the same benefits and services. Your transition assistance office is located in BLDG 66, The Family Programs office, or you can call 775-788-4585 for more information.

WHAT IS THE 152ND AIRLIFT WINGS KEY VOLUNTEER PROGRAM?

Key Volunteer Program: Our vision is to develop strong families and equip them to handle the challenges of life in the Nevada Air National Guard. The purpose of the Key Volunteer Program is to provide a basic foundation of training, education, and resources that encourages self-sufficient families during times of training, deployment, and mobilization.

Key Volunteer areas of focus:

- Care of military members currently serving
- Care of family members
- Care of children, youth, and young adults from military families
- Care of veterans
- Organize community support and awareness

Interested in becoming a Key Volunteer? Contact the Family Readiness office at 788-4585.

Frequently asked phone numbers at NAS Fallon and Plumb Lane

MWR

NAS Fallon
4755 Pasture Road, Building 308
Fallon, NV 89496
(775) 426-2550

Child & Youth Coordinator

Mr. Jeremy Murphy
(775) 384-5805
jeremy.p.murphy8.mil@mail.mil

What is Transition GPS Capstone?

1. **BACKGROUND:** The Transition (Goals, Plans, Success) Capstone event was established by the Veterans Employment Initiative Task Force as a forum to be conducted at the conclusion of Air Force-managed Transition GPS (Goals, Plans, Success) (5-Day) course. The Capstone Event is an Air Force-managed process conducted at the Airman and Family Readiness Center.

2. **PURPOSE:** Capstone is to evaluate service member preparedness to successfully transition from a military to civilian life/career and to validate Career Readiness Standards (CRS) are met. If it is determined that additional assistance is needed, a warm hand-off will be provided to the appropriate partner agency.

3. **PROGRAM OBJECTIVES:** National Guard members will demonstrate they have met the appropriate Career Readiness Standards (CRS) based on the goals he or she intends to pursue after active duty military service (employment, education or technical training).

* I will review the Individual Transition Plan (ITP) and supporting documents for correct completion and verify that the Guard Member has met his/her CRS.

* Once verification of CRS is complete I will sign block 29.a. of ITP Checklist (DD Form 2958).

4. **TARGET POPULATION:** All transitioning service members shall complete CAPSTONE no later than 90 days before separation. In the case that a retirement or other separation is unanticipated, and there are 90 or fewer days prior to discharge or release from duty, CAPSTONE shall be conducted as soon as possible within the remaining period of service.

What is eBenefits?

The eBenefits Portal is a joint project between the Department of Veterans Affairs and the Department of Defense. eBenefits is a one-stop shop for benefits-related information for Wounded Warriors, Veterans, Service Members, their families, and their caretakers.

Veterans, Service Members, Retirees, and families of Service Members can register for an eBenefits account. As the site continues to develop, we will provide ever-increasing access to benefits-related information and resources.

<https://www.ebenefits.va.gov>

Upcoming Family Programs Events

Volunteer Workshop: 19-21 Sept, 14, Henderson, NV

Key Volunteer Meeting: 24 Sept, 5:30 PM, Wing Conference RM

Integrated Delivery System, 25 Sept, 1:00PM, Wing Conference RM

OMK Family Camp, Day/Overnight, 27 Sept, 14, South Lake Tahoe

Tricare/United Healthcare Rep, 1 Oct, 14 9:00AM – 4:00PM

ANG Family Day Event: 18 October 2014, Air National Guard Base

National Guard Family Halloween Party, Date: 24 Oct, 14 ANG Base

Yellow Ribbon Event, 8 Nov 14, 8:00AM-4:00PM, Reno, NV

National Guard Family Christmas Party, Date/Location: TBD

Recruiting and Retention Notes

So summer is over (boo), but the good news is school is in session. Our recruiters are off and running to the local high schools to find the next future airman of our fine organization. What does this mean to you? If you would like to volunteer to join a recruiter let us know! We are always happy to have a member of our family join us in our outings!

If you haven't already, you will soon see our recruiters taking time to come to your morning briefings to introduce themselves and give you information concerning benefits you may have never known you were eligible for, such as state tuition waiver information, GI Bill Info ETC! Hit them up when you see them around (and possibly pass them a lead or two).

Next month marks a new fiscal year for the Air National Guard, if you are interested to see what the bonus likely hood will be for your reenlistment or for a friend please stop in and check us out in October! We field a lot of questions concerning bonuses, but check back you

never know if you may be eligible for one or if a family member needs that edge to join our family.

During the last few weeks, I have had a lot of inquiries about transferring the Post 9-11 GI Bill. There are a number of factors that can affect your eligibility to transfer this benefit. Most importantly, the transfer of Post 9-11 benefit is a RETENTION program. From the date you elect to transfer, you will incur a 4 year service commitment. If you wait until you are projecting retirement or separation, you may not be able to elect to transfer the benefit. In order to apply to transfer the benefit, you also must have already served 6 years. For Post9-11 GI Bill transferability information, check out the pamphlet here: http://www.benefits.va.gov/gibill/docs/factsheets/Transferability_Factsheet.pdf

FEATURED POSITION: 152 MOF currently has a traditional 3S2X1 Maintenance Training vacancy. This is a great opportunity for career broadening, and a potential promotion. Must have an Air Force Specialty Code (AFSC) with a GENERAL ASVAB score of 59 or above, must be a Senior Airman

promotable to Staff Sergeant or a Staff Sergeant with a 5 level in any AFSC, for Senior Airmen you must be actively enrolled and participating in Airman Leadership School, or have a slot to attend in-residence PME. Must have a good understanding of the importance of training and administrative methods for accomplishing the work of this organization. This experience must reflect the ability to analyze problems, come up with practical solutions and to communicate effectively with others. Public Speaking is a must and be comfortable briefing Senior Leadership. If you are interested, contact Capt. Frank Chavez at 788-4632 or frank.chavez@ang.af.mil for more information.

Quick note, Baker and Hinen will be TDY over the UTA weekend, any questions please contact Din at x-4547 or Muniz x-4544

Have an awesome Drill High Rollers and remember we are all recruiters but it us who take the lead and can't do it with out you!

Master Sgt. Baker 775-788-4541
Master Sgt. Hinen 775-788-4543
Tech. Sgt. Muniz 775-788-4544
Tech. Sgt. Din 775-788-4547



September Lodging

Lodging for this UTA is at the Best Western from Friday to Sunday. Members must sign-in with the hotel representatives to ensure they are accounted for in the rooms. Failure to sign-in or not showing up for a confirmed reservation will result in by-name notification to WG/CC. The cut-off day for reserving a room is COB three days prior to drill. The cut-off day to cancel reservations is COB two days prior to drill.

Members are authorized Friday night stays if they are outside the commuting distance. Please see the map on SharePoint.

Members on any type of orders will make their own reservations and pay for it on their GTC. Services provides at least two base billeting list updates during the month to provide a list of members who are currently signed up for lodging.

All RUTA lodging requests must be submitted NLT 72 hours before needed and all RUTA lodging is provided at Stead. If member goes elsewhere or does not notify Services in advance, charges will not be reimbursed. If a member is on any type of orders, the member will make their own reservations and pay for it on their GTC. The member then will be reimbursed on their travel voucher with the receipt.

Members can contact Services' billeting office at 775-788-9320 or at 152aw.lodging@ang.af.mil.

CAMELS IN NEVADA



Photo courtesy of <http://www.visitvirginiacitynv.com/events/international-camel-races.html>.

*By Master Sgt. (ret) Sam D. Macaluso
the Ghost Writer in the Sky*

September 5-7 of this year the 55th annual Camel Races were held in Virginia City, Nevada. What was the history behind these races and why camels in Nevada?

The U.S. Army's Camel Corp was a military experiment that began in 1855. Congress authorized \$30,000 for camels as frontier military beasts of burden because of their adaptability to desert heat, drought and food. Jefferson Davis, then Secretary of War authorized the purchase of 75 camels with four herders hired to come from the Middle East to the United States with them.

In 1856, the U.S. Army experimented with the importation of Middle-Eastern Dromedary (one hump) camels. Lt. Edward F. Beale maintained the animals could haul materials for the military in the arid West. They could carry more than horse or mules, and they had a legendary ability to survive without much water. A typical camel could carry 600 pounds for 30 miles

in desert conditions without water. Beale and roughly thirty camels crossed the Colorado River into present-day southern Nevada in 1857, but his experiment eventually failed, and the army sold what stock survived.

After their trial run, Beale put the camels up on his friend's ranch, claiming that they should stay in California for future use if a war with the Mormons of Utah ever occurred. His friend, Samuel Bishop utilized the camels to haul freight on his own ranch and back and forth to Fort Tejon. The route taken to Fort Tejon passed through lands controlled by the Mojave Indians who often attacked civilian transports, but avoided any military soldiers. As Bishop was a civilian and the camel experiment currently officially a civilian experiment, no soldiers were with the camel caravans traveling from Bishop's ranch to Fort Tejon. A large force of Mojave Indians threatened Bishop's teamsters, forcing Bishop to order them to mount the camels and charge the attackers. The surprise charge of the teamsters

on such strange beasts did in fact rout the Mojave Indians and also went down in history as probably the only camel charge in the west, which ironically was performed by civilians as opposed to the military.

There are rumors of a few more experiments performed with the camels. They are attributed to the US army when it was still trying to find a use for the beasts. The first involved using the camels in an attempt to perform a pony express or "camel express". Sadly in both the first and second attempt the camel dropped dead from exhaustion. It was determined that although the camel could carry enormous loads and travel for extended periods of time with little rest, food, or water, it was not an appropriate steed for a mailman to speedily deliver the mail, especially since its maximum speed appeared to be no faster than the mules already used to deliver the mail. In the second experiment, the army turned the camels over to a survey crew, mapping the Nevada/California border. The expedition

Camels, cont. page 10

SUICIDE PREVENTION MONTH - LET'S TALK

*By Christine Newell-Loyko, LICSW
MA-ARNG Director of Psychological Health*



September is rolling in, it is getting cooler, the kids are starting school and vacations are winding down. Here in New England we look forward to the changing color of the leaves, football, cool nights and warm and clear days. We may mark the end of summer with the last picnic of the year on Labor Day weekend, plan to pick apples and pumpkins, go on hayrides and travel through corn mazes. It is the time of transition from sunny summer fun to the long, dark hibernation of winter. The U.S. Department of Veterans Affairs (VA), has named September as National Suicide Prevention Month in the hopes that during this time of transition, we will take the time to educate ourselves about what we can do to help our military community who are struggling.

I wonder, if this September people will think differently about suicide due to the recent and very public death of comedian Robin Williams. I think they will. I think that Robin Williams got people talking about suicide. He got our attention, in a way that has not been done before. Here is this man, some might say a brilliant comedian, he had fame, he had money, he had a family who loved him, he had friends who loved him, he had a great career. The question I most heard following his suicide was, "How could someone who seemingly had everything, take his own life?" Suicide and depression are complex. It is driven by more than what someone has. However, we do know, from military statistics, that the stresses related to job, rela-

tionships, addictions, & finances can trigger the depressive spiral that leads to the hopelessness that leads to suicide.

Robin Williams death generated discussion about depression and mental illness and addiction. It brought a taboo subject into a public forum, breaking through the stigma which hides suicide in the shadows and got people talking about it. If we can take something positive out of his death, I hope it is that we will keep talking about it.

So, what can you do this month? Learn about what comes before the warning signs of suicide. Talk to the people in your life. All the people...your kids, significant other, siblings, parents, grandparents, cousins, aunts and uncles, friends, neighbors, battle buddies and co-workers. Find out what is going on in their lives. Learn something new about each one. Really pay attention. Are they experiencing any of the factors we know place someone at risk? Are they having financial or work trouble, are they fighting with significant people in their lives, do they seem lonely, are they drinking more than normal or abusing drugs, do they have circles under their eyes from lack of sleep, have they put on or lost a lot of weight very suddenly, do they seem to care less than usual about their appearance, do they seem sad, are they doing dangerous or impulsive things, do they seem to be isolating or withdrawing from people or activities they used to enjoy, are they sleeping all the time,

do they have anything good in their lives, what are their dreams for the future?

If anything you learn worries you, pay attention! Most of us have good instincts, we know when something is off. You can help. Offer to listen more, see if you can problem solve with them, see if they have other support. Ask if they feel hopeless. Ask if they feel like they are a burden. Ask if they are thinking about suicide. The best way to prevent suicide is identify the problems and issues before they get to the point that suicide feels like the only path left. If you know someone struggling with depression, anxiety, post traumatic stress disorder (PTSD), bipolar disorder, addiction or some other behavioral health or mental health issue make sure they are getting treatment. Call the Family Assistance Center with them or bring them to connect them to the services and supports they might need and are unaware of. If you are not sure how to get them to get help for themselves - reach out and ask for help yourself by calling the Family Assistance Center. The most important thing you can do to prevent suicide is talk, listen, care. So, this month make it a goal to say, "Let's talk." You may just save a life.

Written By: Christine Newell-Loyko, LICSW

MA-ARNG Director of Psychological Health



YOUR BOOTS GIVE MUSTANGS A CHANCE



*By Ms. Sylvia Beck, Real Property Manager
152nd Civil Engineer Squadron*

Do you have cowboy boots at home that you don't need? Members of the Nevada Air National Guard are donating men's boots and blue jeans for the Northern Nevada Correctional Center Mustang Training Program (NNCC) located in Carson City. This unique Program helps both BLM captured wild mustangs and NNCC inmates start new lives.

Mustangs are taught by the inmates to trust. Inmates learn respect, patience, and discipline. The men uniformly agree that working

with the wild mustangs has bettered their lives. They say that their sense of self worth becomes realized. They benefit from enhanced job opportunities in their future. The men develop a sense of accomplishment as they witness their saddle trained mustangs sold at attractive auction prices.

Frequent auction buyers include: U.S. Border Patrol, Nevada ranchers, Fish and Wildlife Service, U.S. Army and Marine Corps. The Marines recently ordered 16 trained mustangs for their Special Ops Training Program. The inmates will train both military and horses for work in rugged back country. Yes, and for many years, the Marine Mounted Color

Nevada Air National Guard members understand the importance of Personal Protective Equipment (PPE). The NNCC trainers do an amazing job with the mustangs. However, in order for them to do their job, they have a serious and immediate need for certain PPE: men's cowboy boots, blue jeans, and work boots. Items that we take for granted. Perhaps you have none, but you know of someone who does. Every little bit will be appreciated.

So feel some freedom cleaning out your closet and bring your men's boots and jeans to the Real Property Office in Bldg. 88, Civil Engineering. If you need help with pick-up or have questions, please contact Sylvia Beck at sylvia.beck@ang.af.mil. I hope to keep you posted on donation progress in future High Roller News editions. Over twenty men's cowboy boots have already been donated. Many more are needed.

Go to the following websites to see these amazing mustangs and their trainers in action. YouTube and Barbara Yates "Amazing Prison Mustangs". And http://www.blm.gov/nv/st/en/prog/wh_b/saddle_horse_training.html.

such as the Annual Tournament of Roses Parade.



The 152nd Medical Group's Master Sgt. Bill Vineis was the first Nevada Air National Guardsman to donate a pair of boots. (USAF Photo by Master Sgt. Paula Macomber, 152nd Airlift Wing Public Affairs/RELEASED)

Camels, from page 7

became lost, was forced to abandon their equipment, lost their mules, and grew hopeless of ever surviving to see civilization. The camels took over the mission, led the crew back to Visalia, and saved the surveyors.

The Civil War distracted the army from the experiment and the Deputy Quartermaster General for California got permission from the Secretary of War to sell off the animals. A corral was built on the southern part of the arsenal property and all the camels were gathered from all over California to be auctioned off. The local youngsters of Benicia earned extra money hauling water to the barns.

The 34 camels which were auctioned off brought a total of \$1,495 and were purchased by Samuel McLenaghan to haul freight to Nevada mining camps. Camels brought salt to mills in both Virginia City and Austin.

When the first camel contingent arrived in Virginia City, Nevada in 1861, their appearance was nothing short of sensational. People walking C Street were stunned at the sight, horses reared up; some men wondered if they had lingered too long at the saloon, one man even consulted his doctor to see if his mind had gone. For a brief time, the camel pack trains hauled salt for use in the mills for reduction of ore, hauled wood for the mines (where it was used in prodigious quantities), and bore massive loads of merchandise.


On his way to Virginia City with ten camels in 1864, McLenaghan stopped in Sacramento and staged a "Dromedary Race" in the city's Agriculture Park. Some of the camels were recruited into circus acts; while others were used by private

freight-hauling and road construction outfits. Eventually, many of the poor beasts were abandoned in the desert, where some survived for years. Angry Wells Fargo stagecoach drivers complained of camels all the way from Lake Tahoe to Ely. Their teams panicked at every encounter with the strange, humped creatures. Even 30 years later, some wide-eyed prospector would stride into a Comstock saloon, belly up to the bar and tell the bartender of the bizarre "mirage" he had seen. They startled travelers for years.

The animals generally proved effective, but operators had to avoid paths with sharp rocks, and they found that camels frightened horses. In 1875, the Nevada legislature prohibited camels on public highways to safeguard horse traffic. This effectively ended the commercial use of camels.

In Lyon County, if you let your camel stray, they threw you in jail for 30 days; however the act was repealed in 1899. Operators set many camels free while selling others to circuses. For decades, various people throughout the West reported seeing the wandering beasts throughout Nevada and the southwest. The last surviving camel died in 1934 in the Griffith Park Zoo in Los Angeles.

Camels later assumed a different role in Nevada history and culture. In 1959, the revived Territorial Enterprise reported the results of a fictional camel race held in Virginia City. To the delight of residents, the San Francisco Chronicle reported the event as fact. The following year, actor-director John Houston, in northern Nevada for the filming of *The Misfits*, heard of the contest and became determined to ride in the

"second annual" camel race. Virginia City held an actual competition, Houston won, and the annual camel races grew into a tradition celebrated to this day. Fifty-five years later the camel races in Virginia City are still going strong because of an experiment of the US Army. 

HEY YOU!
Check out Channel 17
(Commander's Channel)
this weekend for a
sample of the future
of the
"High Roller News"

ACA, from page 4


policy here. Start by focusing on the strong point first.

STEP 4: Ask ratee for comments: While ratee is expressing his/her comments, remain in control and listen.

STEP 5: Negotiate a performance agreement: Ask ratee where they would like to see improvement.

STEP 6: Set future goals: Set specific goals that are clear and not misunderstood; they should be measurable against standards so the ratee can match performance behavior.

STEP 7: Close the session by reflecting on what was discussed and try to close on a lasting positive note.

Information from myPers website:
https://gum-crm.csd.disa.mil/app/answers/detail/a_id/27775/p/12,14/c/542 



*Information Submitted by Master Sgt. Jessica Bean
152nd Medical Group Public Health
from Leah Eskin*

Electronic cigarettes are everywhere: on commercials, in magazine ads and in the hands of their users—who are not called smokers, but “vapers.” That’s because while cigarettes burn tobacco, creating smoke, e-cigarettes heat liquid nicotine, creating vapor.

Some say the gadgets are a gateway to the greater danger of smoking, while others hope they might help eradicate that cancer-causing habit. Bloomberg School researchers interested in this issue—and a host of others posed by e-cigarettes—led a symposium on the topic May 2.

Patented in the U.S. in 1962, the nicotine-vaporizing device was commercialized by a Chinese pharmacist and for a decade has been marketed aggressively. Today, e-cigarettes come in some 250 varieties that resemble everything from cigarettes and cigars to pipes, hookahs, flutes and flasks. Their prices vary, as do the flavors—from mint to mango.

They differ from standard cigarettes, which burn tobacco, paper and additives to create smoke that delivers nicotine to the lungs—and ultimately the brain—in seconds. Traditional “combustibles” throw off about 7,000 toxins, more than 60 of which are known carcinogens. E-cigarettes, on the other hand, heat liquid nicotine, water and other chemicals, creating vapor.

“E-cigarettes expose the user and those around them to nicotine and a few other chemicals,” says K. Michael Cummings, PhD, MPH, a professor in Psychiatry and Behavioral Sciences at the Medical University of South Carolina. “But the aerosol generated is clearly less toxic than cigarette smoke.”

E-cigs are “much, much safer than cigarettes,” says symposium keynote speaker David B. Abrams, PhD, a

professor in Health, Behavior and Society at the Bloomberg School and executive director of the Schroeder Institute for Tobacco Research and Policy Studies. “They are much less likely to cause the big diseases: heart disease, cancer, and chronic pulmonary disease.”

Joanna Cohen, director of the Bloomberg School’s Institute for Tobacco Control and an organizer of the event, agrees. “The expert opinion at this point is that they are much less harmful to the individual,” she says. “The question you have to ask from a public health perspective is, ‘What are the implications at the population level?’”

A primary public health concern is that e-cigs will renormalize smoking. “Young people say it’s not cool to smoke cigarettes right now. With this new device, we worry they will say it is cool,” says Maciej L. Goniewicz, PhD, PharmD, assistant professor of Oncology in the Department of Health Behavior at the Roswell Park Cancer Institute.

Cool, and wildly accessible. E-cigarettes, largely unregulated, are used where cigarettes now are forbidden; they are advertised in media where cigarettes have long been taboo. Some call it “the Wild West”—lawless and possibly full of potential.

“This is a disruptive technology,” says Abrams. “For the first time in a century we have a product that could make cigarettes obsolete. It’s the beginning of a revolution.”

Those who stand to benefit are smokers who make the switch from cigarettes, Cohen says, citing small studies that suggest that they might help some to quit smok-

DID YOU KNOW?

Anyone can submit an article for publication in the High Roller News. All we ask is that you give us editorial rights and get it to us before the deadline. Yes, everyone wants to know what is going on in your unit! If you, or someone you know, is involved in the community, or you know of interesting "happenings" involving a fellow guard member, please send them to: 152aw.highroller@ang.af.mil. Please include photos. Depending on the space we have, we will include the article and photos. If we don't receive the article by the deadline, we will try to include it in the next issue.

HIGH ROLLER NEWS DEADLINES

2014 DEADLINES

Please submit your items NLT...

this date for the next issue:	2014 ISSUES:
By Apr. 16	Apr. Drill
By May 7	May Drill
By June 4	June Drill
By Aug. 6	Aug. Drill
By Sept. 10	Sept. Drill
By Oct. 15	Oct. Drill
By Oct. 29	Nov. Drill
By Nov. 26	Dec. Drill

NEW FSS ID CARD

HOURS

The FSS is pleased to announce that appointments are no longer needed for ID cards. We are now a walk in facility and see individuals on a first-come, first-served basis. However, if you would like to schedule an appointment you can now do so online at:

<https://rapids-appointments.dmdc.osd.mil/appointment/building.aspx?BuildingId=810>


Our hours of operation are:

Non-down Mondays, 0800-1500 & Tuesday – Friday, 0800-1600

Survival, from cover

stand how they work with the different color vegetation, terrain and rocks," said 192nd Airlift Squadron's AFE Master Sgt. Frank Tolete. "It also gives the crews a better idea how the camouflage works," Tolete added.

While the challenges of the training site's elevation and landscape played into the tasking, the training was well received by the aircrew and AFE members.

For aircrew members, the initial Survival, Evasion, Resistance and Escape (SERE) training is approximately 3 weeks with a "refresher" training session every 2 years for Air National Guard aircrew. 

Finance Forum

By Tech. Sgt. Jeannine Rainey
152nd Airlift Wing Finance Office

HOT! HOT! HOT! BAH RECERTIFICATION FOR MEMBERS WITH DEPENDENTS!!

There will be a final list going out to orderly rooms and First Sergeants as to who is still due. If you are on that list, please come see the Finance Office immediately to ensure you do not lose out on any pay. If you fail to comply, you will be lowered to the single rate. Pay will not be retroactive!

Please come to the office for BAH recertification ONLY if your name is on the list or have recently had a change in dependency status.

GOING ON MILITARY ORDERS?

Please be sure to E-Certify any outstanding orders and to complete outstanding travel vouchers. We are closing the books on fiscal year 2014, and all outstanding orders (both travel and pay) must be completed to ensure funding.

If you do not have a CAC reader at home, please be sure to E-Certify your pay orders on the last day of duty on base. Be sure that your order has fully been signed prior to logging out of AROWS. If you need assistance, please get with your orderly room or contact the Finance office.

How was your experience with us??

Please fill out our customer service satisfaction survey! We appreciate any and all feedback. Just click the link, and you will be directed to our survey.

<https://eis.ang.af.mil/org/152AW/WingStaff/CPTF/Pages/Survey.aspx>

REMEMBER: ~ YOUR PAY, YOUR RESPONSIBILITY!!



AMVETS Back to School Special**eKnowledge Offers Military Families FREE \$250 SAT and ACT College Test Prep Programs**

eKnowledge has donated more than 207,000 SAT and ACT programs valued at over \$48 million at no profit to the company. The Military Donation Project is in alliance with the DOD and supported by professional athletes from the NFL and MLB as well as 250 Affiliate Partners. eKnowledge has been investing in students and improving test scores while always keeping up with the changing landscape of college test preparation.

The SAT and ACT PowerPrep™ Programs are available online or on a single DVD. Each program includes more than 11 hours of video instruction and 3000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, and practice tests. Students select the training they need and study at their own pace.

Order Online Today: www.eKnowledge.com/AMVETS

Order by Telephone: 951-256-4076

eKnowledge has received thousands of thank you notes from families just like yours:

"As a retired service member, I'd like to thank every person that contributes to this. Providing this service for us and our kids is priceless. Without your help and support I would not be able to afford this software for my kids. It greatly helped my oldest daughter get into college. She now has her degree in Biology. Thank you from the bottom of my heart." Michael Clinton 7/29/2014

eKnowledge prepares young adults for college by offering access to SAT and ACT test preparation for a small set up fee of \$20. eKnowledge waives 100% of the \$250 retail costs for the standard version and 93% of the cost for all other programs. These programs retail for \$200 to \$600. eKnowledge sells these same materials in the open market for full retail price. Through the eKnowledge Donation Project, these programs are available at cost.

SAT & ACT Test Dates 2014/2015

SAT	October 11	November 8	December 6	January 24	March 14	May 2	June 6
ACT	September 13	October 25	December 13	February 7	April 18	June 13	

For further information contact Lori Caputo, 951-256-4076 LoriCaputo@eknowledge.com

Chaplain's Corner



*Chaplain Capt. Michael Engfer
152nd Airlift Wing Chaplain's Office*

I am pleased to announce that Master Sgt. Shay Gilliam will be promoted to Chaplain on October 1, 2014. Gilliam brings a strong Air Force background into his new roll as a Chaplain. Most of us have known him for years but you may not know much about his diverse career in the Air Force.

Shay is currently a Chaplain Assistant in the 152nd Airlift Wing, Nevada Air National Guard. He serves as the Superintendent in Charge of Chapel Operations for the Nevada Air National Guard Chapel Corps and is fulfilling a yearlong deployment with our Intel Squadron that ends September 30, 2014.

Gilliam entered into active duty service in May of 1997. He served in the 9th Air Refueling Squadron at Travis Air Force Base, California for six years as an In-Flight Refueling Operator. As an In-Flight Refueling Operator, he was trained in in-flight refueling operations, passenger handling, aerial emergency operations, customs and agriculture pro-


cedures, cargo loading operations, and served as an instructor in-flight refueling operator. He accrued approximately 2460 hours on the KC-10A airframe and attended numerous contingencies and deployments.

After leaving active duty service in May 2003, Gilliam entered into the 152nd Airlift Wing, Nevada Air National Guard, Reno, Nevada in November 2004 as a Chaplain Assistant. As a Chaplain Assistant, he received the prestigious awards of Top Graduate in his Chaplain Assistant Apprentice Course and the Air National Guard Chaplain Assistant of the Year award in 2012.

Shay has completed three deployments as a Chaplain Assistant. In 2006, he deployed in support of Operation Enduring Freedom to Andersen Air Force Base, Guam. During his deployment, he supported Chapel operations by ministering to staged aircrews and Navy personnel assigned to the base. In 2009, Gilliam deployed to the Air Force Mortuary Affairs Operations Center. During this deployment, he was the NCOIC of Chapel Operations. MSgt Gilliam provided spiritual care to over 200 families who arrived at Dover Air Force Base to witness the arrival of their fallen loved one as well as assisted the mortuary staff in their daily operations. In 2010, he deployed to the Contingency Aeromedical Staging Facility, Ramstein Air Force Base, Germany. During this deployment, Gilliam served as a part of a Religious Support Team that provided 24-hour spiritual care to all wounded soldiers and facility personnel as they received injured soldiers, airmen, sailors, and marines in transit to Landstuhl Regional Medical Center, Germany.

Shay received two Associates Degrees from the Community College

of the Air Force in Aviation Operations in 2006 and Social Services in 2008, attaining a Phi Beta Kappa national honors society membership. Additionally, Gilliam enrolled as a full-time student at Liberty University where he completed his Bachelors of Science Degree in Business Management in 2010 and a Masters of Divinity Degree in Chaplaincy in 2013.

It is a privilege to have soon to be Ch. Gilliam on our Chapel staff in this new role. His rich Air Force experience blended with his spiritual care for Airmen and their families will impact our wing, our base and our state! 



If you or someone you know from the Nevada Air National Guard is positively involved with local community activities, we would like to know.

Please send the info to:
152aw.highroller@ang.af.mil

HEY YOU!
Check out Channel 17
(Commander's Channel)
this weekend for a
sample of the future
of the
"High Roller News"

Steamed, from page 16

ing. While FDA-approved smoking-cessation products like gum, patches and lozenges are slow to deliver nicotine to the blood stream, some e-cigs have the potential to mimic the quick-hit of standard cigarettes. That, plus the fact that e-cigs can look and feel like the “real thing,” might make them helpful to the can’t-quit contingent.

“A key question raised in our May 2 symposium was whether e-cigarettes will turn out to be the holy grail for drastically reducing tobacco-caused death and disease, whether they’ll turn out to be another low-tar cigarette fiasco ultimately resulting in more death and disease at the population level as a result of a reduction in quitting, or whether we’ll end up somewhere in between, with a product that some people switch to, that some people use alongside their tobacco cigarettes, and that some people—including youth— use recreationally. This is truly an area where more science is needed.” —Joanna Cohen

“A nicotine patch is not a very good reward for a smoker craving nicotine,” explains Cummings. “It’s like telling my dog to wait two hours to get her treat. She learns much better if I give her the reward right away.”

However, if smokers keep on smoking and take up e-cigarettes, there’s no health gain. In fact, this kind of “dual use”—smoking when permitted and vaping when not—might extend rather than curtail a smoking habit.

“If you smoke an e-cig rather than a Marlboro, that’s a good thing,” says Cummings. “The problem is people who add an e-cigarette to their Marlboro smoking might not get

any benefit.”

Researchers concur that regulating the sale and content of e-cigs is a good idea, as they can be packed with contaminants. While foes want to see them taxed and restricted like standard cigarettes, proponents of the product say careful regulation can help shape a healthier future. “I call it the Goldilocks formula,” says Abrams. “Not too hot and not too cold.” If e-cigs can be positioned at a lower price point with a higher nicotine punch, consumers may abandon cigarettes altogether, he says.

That sounds just right to some, but others are proceeding with caution.

“There aren’t a lot of data yet,” Cohen says. “People can give a lot of opinions; they aren’t right or wrong. We don’t know yet.”




FITNESS TESTING

Fitness Test for
September drill is

0900

Saturday

Situps/Pushups in the Gym
Run at Wooster High School

**September UTA Menu**

SALAD BAR WILL BE PROVIDED AS USUAL.

Saturday**Short Order and Hot Meal**

1100-1230

MAIN LINE:

Beef, Chicken & Carnitas Tacos

Spanish Rice / Refried Beans

Chili Rellanos Casserole

Mexican Corn / Texas Corn Bread

Soup: Chicken Tortilla

Asst. Brownies

SHORT ORDER:

Chicken Wraps

Hamburgers & Cheese Burgers

Hot Wings & BBQ Wings

Chili / Nachos & Cheese

French Fries / Onion Rings

Sunday**Short Order and Hot Meal**

1100-1230

MAIN LINE:

Carved Roast Beef

Italian Sausage w/Peppers & Onions

Loaded Mashed Potatoes & Gravy

Rice Pilaf

Peas / Broccoli & Carrots

Dinner Rolls

Soup: Chicken Tortilla

Asst. Cakes

SHORT ORDER:

Chicken Wraps

Hamburgers & Cheese Burgers

Hot Wings & BBQ Wings

Chili / Nachos & Cheese

French Fries / Onion Rings

IF YOU ARE ACTIVE GUARD RESERVE (AGR), ON ANY KIND OF ORDERS (ANNUAL TRAINING, STATE ACTIVE DUTY, MPA, TITLE 10), OR AN OFFICER YOU MUST PAY.

Regular Meal Rate: \$4.65



BOO!



2014 Kids Halloween Party
Friday, October 24, 2014

6:30 PM until 9:00 PM

Nevada Air National Guard Base



2014 FAMILY DAY

NEVADA AIR NATIONAL GUARD



A photograph of a man standing outdoors. He is wearing a light-colored, short-sleeved button-down shirt, dark shorts, sunglasses, and a large, wide-brimmed straw hat. He is positioned in front of a white banner that has the text 'www.goang.co.uk' printed on it in blue. The background shows some greenery and a yellow caution tape strung across the area. The photo is framed with a blue border.



PERSONNEL SERVICES VIDEOS

Need help on a personnel service? Electronic Learning Tools (eLTs) are videos designed to give an overview, or in some cases details, of a particular service or personnel process and provide instructions on what to do. They are available on the myPers website, mypers.af.mil, under the "I Would Like To..." section, at the link "View Personnel Services Videos [eLTs]," or the Air Force Portal, Career and Training Tab, www.my.af.mil.

There are two types of eLTs: mini and extended. Mini eLTs run from 3-5 minutes; providing a quick overview and a follow-along "how to." Extended eLTs are longer as they have more information and include "guide me, try me, and show me" features. Extended eLTs are on the Advanced Distance Learning System (ADLS) and include additional access requirements of a .mil computer and a CAC log on.

The eLT library includes topics such as an introduction to myPers, submitting online service requests, checking statuses of requests, correcting your military records, awards and decoration nominations, DD Form 214 procedures, and information on retiring and the retirement process. Check often for new ones. If you would like to suggest a topic, send an email to nbg.a1xo.kbm@us.af.mil with your recommendation.

DO YOU WANT TO FLY THE C-130?

There will be a Hiring Board for C-130 Pilots and Navigators over October Drill. We are looking for highly motivated, hard-charging individuals who want to join the best to undertake and excel at Undergraduate Pilot Training or Combat Systems Officer Training and as an Officer in the Nevada Air National Guard. Applications must be submitted by: September 19, 2014.

If you are interested in the opportunity to be the best and having the privilege of supporting our Soldiers, Sailors, Airmen and Marines fighting on the ground, contact the Board President, Lt. Col. Tony Machabee (788-9448) or Capt. Reed Kobernik (788-4709 or 520-465-8859) in the Operations Group.

Places we've flown to this year:

Africa Hawaii Normandy Norway Japan Alaska

Requirements:

- No older than 28 by October drill
- Enrolled in your final Bachelor's degree semester
- Competitive AFOQT Scores
- Flight time preferred

Call our Military Personnel Office at (775) 788-4509 to schedule test ASAP

Hot off the Press!

Anheuser-Busch Announces

Here's to the Heroes

JANUARY 1- DECEMBER 31, 2014

* "Here's to the Heroes" is an Anheuser-Busch tribute to the men and women of our armed forces. Active duty and reserve soldiers, airmen, Marines, sailors and Coast Guardsmen, as well as foreign military personnel serving with U.S. units, qualify.

* Each service member receives a single free admission to any one SeaWorld or Busch Gardens park or Sesame Place for himself/herself and one each for as many as three direct dependents. The offer is valid for one park and one visit only from JANUARY 1- DECEMBER 31, 2014.

* Military personnel can register online at www.herosalute.com or fill out a registration form at the park. A valid DOD photo ID and the printed form you receive at time of registration must be presented at the gate.

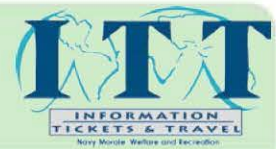
* Dependents can visit the parks without their sponsor. Registration procedure and gate requirements are the same as above. Only the spouse of a service member is permitted to register. Minor dependents must redeem their ticket with an adult.

* Those not qualified for "Here's to the Heroes" can purchase discounted tickets to Sea World or Busch Gardens at the Leisure Travel Services.

FOR MORE INFORMATION,
CALL Leisure Travel Services 255-2997



ticket talk



NAS FALLON INFORMATION, TICKETS & TOURS PH: (775) 426-2275 / 2865 • FAX: (775) 426-2307

Phone orders are sent out via Fed Ex 1 day delivery for a nominal charge.

Prices subject to change. *If you do not see what you are looking for, please ask!*

Updated 7/12/2013

Disneyland	MWR Prices		Gate Prices + tax	
	Ticket Description	2013 ADULT 10 & Up	2013 CHILD Age 3-9	ADULT CHILD
	1 Day 1 Park- Black out 12/25-31/2013	\$91.00	\$85.00	\$92.00 \$86.00
	1 Day Hopper (exp: 12/31/13)	\$136.00	\$130.00	\$137.00 \$131.00
	2 Day 1 Park/Day (exp: 1/13/14)	\$172.00	\$159.25	\$175.00 \$162.00
	2 Day Hopper (exp: 1/13/14)	\$205.25	\$192.50	\$210.00 \$197.00
	3 Day 1 Park/Day (exp: 1/13/14)	\$208.75	\$194.00	\$225.00 \$209.00
	3 Day Hopper (exp: 1/13/14)	\$239.50	\$225.00	\$260.00 \$244.00
	4 Day 1 Park/Day (exp: 1/13/14)	\$231.75	\$213.25	\$250.00 \$230.00
	4 Day Hopper (exp: 1/13/14)	\$262.25	\$244.00	\$285.00 \$265.00
	5 Day 1 Park/Day (exp: 1/13/14)	\$245.50	\$226.25	\$265.00 \$244.00
	5 Day Hopper (exp: 1/13/14)	\$276.00	\$257.00	\$300.00 \$279.00
	Deluxe Annual Pass (1 st day of use by 12/31/13)	\$498.00 All ages 3+		\$499.00
	Premium Annual Pass (1 st day of use by 12/31/13)	\$668.00 All ages 3+		\$669.00
	SoCal City Pass (exp: 12/31/13) (3 day hopper @ Disneyland w/ 1 Magic Morning, 1 day @ Sea World & 1 day @ Universal Studios.	\$312.25	\$273.50	\$319.00 \$279.00



Disneyland, CA
3 Day Hopper \$122.75

Black out dates and restrictions do apply. Please see separate flyer for more details!

Walt DisneyWorld, FL

4 Day Hopper, \$153.25
 4 Day Water Park Fun & More, \$153.25
 4 Day Hopper & Water Park Fun & More, \$180.75

FLORIDA ATTRACTIONS

Tickets must be special ordered and can take up to 10 days for delivery.

<p>Walt Disney World 'Magic Your Way' allowing for options!</p>	<p>Prices vary based on the options you choose!!</p>
<p>Universal Orlando -Special Military Salute tickets now available! Ask for details!</p>	
<p>Sea World / Aquatica / Bush Gardens</p>	<p>Prices vary based on the options you choose!!</p>



NEVADA and CALIFORNIA Attractions	MWR PRICES		GATE PRICES +tax	
Wild Island Water Park in Sparks Wild Island Attractions: High Ballocity, Laser Maze, Outdoor Mini Golf, Black Light Golf, Indy Cars	\$21.75 (ages 4+) \$4.50		\$27.99 \$5.00-\$6.50	\$21.99
Churchill Arts Council Special Events- Various Dates	\$18.00		\$20.00	
Reno Aces Infield Reserved Seating Regular Season Mid July: Fan Fest, Home Run Derby & All Star Game!	\$15.25 \$6.00/\$14.00/\$18.00		\$16.00-20.00 \$8.00/\$18.00/\$23.00	
MS Dixie/ Tahoe Queen Emerald Bay Sightseeing MS Dixie/ Tahoe Queen Sunset Dinner Cruise	\$37.00 \$60.00	\$9.00 (3-11) \$23.00 (3-11)	\$47.00 \$75.00	\$10.00 \$25.00
Discovery Museum in Reno Ages 1-99	\$6.00		\$8.00	
Century Theaters Movie Tickets Save \$\$\$ for prime time showings after 6pm!	\$8.25		\$9.75	
GOLF (Tickets must be purchased by Active Duty) Fallon Golf Course Fallon Golf 10 rounds Punch Card Dayton Valley Golf Club	\$21.00 \$210.00 \$36.00		\$35.00 \$250.00 \$45.00	
See's Candy Gift Certificates (1 lb)	\$14.75		\$21.10	
Great America San Jose CA	\$35.75 (All ages 3+)		\$59.99	\$39.99
Knott's Berry Farm - expiration: 12/31/13 (Ch: 3-11; less 48"/Seniors 62+)	\$32.50	\$25.00	\$62.00	\$33.00
Legoland (San Diego Area) - Buy 1 day get the 2nd day FREE! 2nd day must be used by 7days of first use. Expiration 12/31/13	\$49.75 (All ages 3+)		\$98.00	\$88.00
Legoland Resort Hopper - Lego/Sealife/Waterpark PLUS FREE 2nd day. 2nd day must be used by 7days of first use. Waterpark opens 3/9/13. Expiration 12/31/13	\$59.50 (All ages 3+)		\$104.00	\$94.00
Medieval Times Buena Park CA - Also available in DC, FL, GA, IL, NJ, SC, TX, and Toronto, Canada; ask for additional pricing.	\$39.75	\$33.00 (0-12)	\$58.65	\$36.45
Monterey Bay Aquarium Adult (18-64) Senior (65+) Student (13-17) Child (3-12)	Ad \$33.50 / Sr \$30.50 St \$30.50 / Ch \$19.50		Ad \$34.95 / Sr \$31.95 St \$31.95 / Ch \$21.95	
Sea World Active Duty? Free + 3 @ www.herosalute.com	\$63.75 (All ages 3+)		\$78.00	\$70.00
San Diego Safari Park – Expiration 12/31/13. Pass includes Journey to Africa and Conservation Carousel. Active Duty FREE with valid ID	\$39.00	\$30.25 (3-11)	\$44.00	\$34.00
San Diego Zoo – Expiration 12/31/13. Pass includes Guided Bus Tour, Express Bus, & Skyfari Aerial Tram. Active Duty FREE with valid ID	\$39.00	\$30.25 (3-11)	\$42.00	\$32.00
Santa Cruz Boardwalk Unlimited Rides All Day + 2 attraction visits	\$32.50		\$40.90	
Six Flags Discovery Kingdom Vallejo CA	\$36.50 (All ages 3+)		\$59.99	\$39.99
Six Flags Magic Mountain Valenica CA	\$36.50 (All ages 3+)		\$64.99	\$39.99
Universal Studios Hollywood – Good for 12 months after first activation. Must activate by 12/31/13. 2013 Blackout dates: July 3-7, 13/14, 20/21, 27/28; Aug 3/4, 10/11, 31; Sep 1/2; Dec 21/22, 25-31. Blackout dates do NOT apply to Activation Date, only subsequent visits.	\$70.50 (All ages 3+)		\$84.00	



Military OneSource Non-Medical Counseling

**Confidential...Private...Short-term...Available for up to 12 sessions...
...At NO COST to you**

All National Guard members and their families are eligible

Counseling services are available for:

- **Individuals**
- **Couples**
- **Families**
- **Children**

Many options to meet your needs:

- **Face-to-Face with a counselor in your community**
- **Telephone**
- **Online through Chat**
- **And other options available in the near future!**

Counselors can help with:

- **Coping with stress**
- **Family concerns**
- **Marital communication**
- **Dealing with family separations**
- **Parent/child communication**

Counselors are professional, licensed and knowledgeable about military life.

Call – 1-800-342-9647

www.militaryonesource.com



WALT DISNEY WORLD

New US Military Special Ticket Offers

Disney 4-Day Ticket with Park Hopper \$169.00

Military Promotional Tickets available September 29, 2013 - September 24, 2014

- ONLY Eligible Service Members or their spouses (but not both) with military identification, can purchase up to six tickets for themselves and other family members and friends for \$169.00 per person.
- "Eligible Service Members" include active or retired members of the U.S. military, including the National Guard, Reservists and the U.S. Coast Guard.
- No more than six (6) Disney Military Promotional Tickets may be purchased and (if applicable) activated by any Eligible Service Member or spouse (regardless of the place of purchase and whether purchased by that person or that person's spouse), and all six (6) must be purchased at the same time.
- These Tickets may not be otherwise transferred, distributed, or resold.
- One of the six (6) Tickets purchased must be for use by the Eligible Service Member or his/her spouse.
- Disney Military Promotional Tickets must be activated by September 24, 2014, and expires September 27, 2014.
- In addition, Disney 4-Day Military Promotional Tickets (including any options) for the Walt Disney World may not be used on the following block out dates: December 20, 2013 through December 31, 2013 and April 13-20, 2014, at all Walt Disney World Theme Parks and Water Park Fun & More locations; and July 4, 2014 at Magic Kingdom Park only.

**Active and Retired U.S. military personnel can save up to
40 % discount on rooms at select Walt Disney World Resorts!
Contact the Leisure Travel office to book these rooms.**

This offer is valid for stays most nights now through September 27, 2014, but is not valid at all November 28-30, 2013, December 23-31, 2013, and April 14-19, 2014 at Walt Disney World.

**Contact the Fort Rucker Leisure Travel office for more information.
334-255-9517/2997**

www.ftruckermwr.com/lodging/leisure-travel/
Information is also available at www.disneyworld.com/military

